

# PARKOUR CLASS SCHEDULE

\*Subject to Change Month to Month

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 am	Main Floor						
	Spring Floor						Little Ninjas
10:00 am	Main Floor						Beginner 1
	Spring Floor						Little Ninjas
11:00 am	Main Floor						Beg 2 & Intermediate
	Spring Floor						Junior 1
12:00 pm	Main Floor						Open Gym
	Spring Floor						Jr 2 Parkour
1:00 pm	Main Floor						Interm & Advanced
	Spring Floor						
2:00 pm	Main Floor						
	Spring Floor	Little Ninjas					
3:00 pm	Main Floor						Closed for Birthday Party Rentals
	Spring Floor	Mighty Ninjas	Flips 1		Flips 1	Junior 1	
4:00 pm	Main Floor	Open Gym	Beginner 1	Open Gym & Recess	Junior 2	Open Gym & Recess	
	Spring Floor	Little Ninjas	Junior 1		Little Ninjas	Jr Flips & Tricks	
5:00 pm	Main Floor	Beginner 1 & 2	Beginner 1	Beginner 2	Beginner 1 & 2	Beginner 1	Closed for Events & Parents Night Out
	Spring Floor		Flips 2	Junior 2	Junior 1	Little Ninjas	
6:00 pm	Main Floor	Intermediate	Beg 2 & Intermediate	Beginner 1	Beg 2 & Intermediate	Parkour Games	
	Spring Floor	Little Ninjas	Flips 1	Junior 1	Beginner 1	PK Stunts	
7:00 pm	Main Floor	12-Adult Beginner	PK Tech	Interm & Advanced	PK Tech		
	Spring Floor			12-Adult Beginner	Beginner 2		
8:00 pm	Main Floor		Open Gym	Open Gym	Open Gym		
	Spring Floor						